MacDonald Franklin
OSI Research Centre

2024 Impact Report

Conducting collaborative, innovative, and actionable research to solve emerging challenges in military and Veteran mental health.

MACDONALD FRANKLIN OSI RESEARCH CENTRE

LAWSON Research Institute
ST. JOSEPH'S HEALTH CARE LONDON

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Director's Statement



As the Director of the MacDonald Franklin OSI Research Centre, I am proud to share the remarkable progress we have made in 2024 toward advancing groundbreaking research and innovative treatments for PTSD, depression, and anxiety—conditions that profoundly affect our Veterans, their families, and other high-risk groups. This year, we launched key initiatives centered around personalized medicine for mental health, including a cutting-edge pharmacogenetics trial for members of the Canadian Armed Forces and Veterans, comprehensive studies on moral injury, and a ketamine treatment study for Veterans with PTSD. These projects aim to tailor treatments to individual needs, enhance clinical decision-making, and broaden our understanding of trauma-related conditions.

With the Invictus Games in Canada in 2025, our research gained even greater significance. Our latest study on the drivers and barriers to participation in adaptive sporting events exemplifies our commitment to holistic recovery and community engagement. By uncovering the key motivators and challenges faced by both competitors and their support networks, we are better positioned to design interventions that foster resilience and sustained involvement in these transformative programs. This work not only enhances the efficacy of rehabilitation efforts but also strengthens the support systems that are crucial for long-term wellbeing.

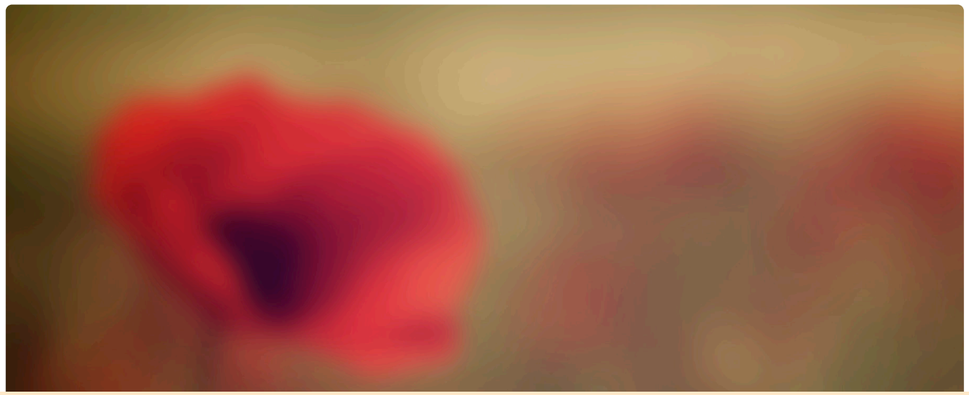
Collaborating closely with Veterans, military personnel, first responders, healthcare workers, and public safety personnel, we are enhancing treatments and informing effective interventions for those facing high-stress environments. By addressing the needs of these groups and enhancing family services, we contribute to a more holistic and effective mental health care system across society. Our clinical and research psychiatry fellowship in operational stress injuries is also pivotal in providing specialized care and inspiring the next generation of Scientists.

On behalf of our team, I express my sincere gratitude to Kyle MacDonald, John Franklin, and the St. Joseph's Healthcare Foundation for their generous support. Their commitment has been instrumental in expanding our research scope and accelerating progress in personalized medicine for mental health. Together, we are making significant strides in transforming mental health care, providing hope and healing to those who have served our country and all those affected by operational stress injuries.

Sincerely,



J Don Richardson, MD, FRCPC
Director



Director's Statement

About the MacDonald Franklin OSI Research Centre

Established in 2018, the MacDonald Franklin OSI Research Centre has evolved from a small team of four members into a robust network of over 50 researchers, clinicians, staff, and trainees dedicated to **advancing knowledge and solutions for operational stress injuries, mental health, and wellbeing.** Our mission is to conduct collaborative, innovative, and actionable research to improve the mental health and wellbeing of Veterans, military personnel, and other high-risk occupational sectors.

> *"The MacDonald Franklin OSI Research Centre is providing leadership in conducting systematic reviews, meta-analyses, and consensus-building research in military-related mental health issues. I have been collaborating with the centre for over five years and have been impressed by the breadth of expertise in standard-setting research output and knowledge mobilization."*
>
> *— Amer Burhan, Physician-in-Chief, Ontario Shores Centre for Mental Health Science*







Our highlights from 2024



Our Principle

A core principle of our research is translating findings into real-world applications. Our mission is to conduct collaborative, innovative, and actionable research to improve the mental health and wellbeing of Veterans, military personnel, and first responders.

Our Vision

Our vision is to establish our Centre as a national and global leader in occupational stress research, OSIs, and mental health, extending beyond military and Veteran populations to include first responders, healthcare workers, and other high-stress occupations.

Our Mission

While our foundational research is deeply rooted in military and Veteran mental health, our work has naturally expanded to address broader occupational stress and trauma. Our findings are increasingly applied to high-stress professions, including healthcare workers and first responders, recognizing the shared experiences of trauma, burnout, moral injury, as well as resilience across these groups.

Director's Statement

Leadership Spotlight: Dr. Jenny Liu Head of Scientific Development & Knowledge Mobilization



In her role as the Head of Scientific Development and Knowledge Mobilization at the MacDonald Franklin OSI Research Centre, Dr. Jenny Liu brings a vision of research that is deeply collaborative, inclusive, and grounded in real-world impact. With a PhD in psychology and expertise in stress and resilience, she helps guide the Centre's strategic direction—ensuring that its work stays focused on the needs of military personnel, Veterans, and the communities that support them.

Dr. Liu's work focuses on improving treatment outcomes for operational stress injuries (OSIs), such as PTSD and depression. Her research addresses the broader, systemic challenges faced by military populations, healthcare workers, women, and LGBTQ2+ individuals—driving initiatives that promote resilience and mental health tailored to the unique experiences of these diverse groups.

> *"I have been involved with a research project that has great potential to improve treatment for patients with military PTSD. Dr. Liu and the MacDonald Franklin OSI Research Centre team have made it very easy to participate and contribute in a meaningful way."*
>
> *— Ken Balderson, Psychiatrist, OSI Clinic London*

> *"Working as an advisor with The MacDonald Franklin OSI Research Centre is an incredibly fulfilling experience, especially as a woman and a CAF member. It's inspiring to be in a space where your thoughts are valued, and your unique perspective is actively sought out. The team is incredibly welcoming, creating an inclusive environment where collaboration thrives. The opportunity to contribute to cutting-edge research while working alongside passionate, driven colleagues makes it incredibly rewarding. It's not just about sharing knowledge—it's about being heard, supported, and empowered."*
>
> *-Marie-Michele Dallaire, MSM, CD*
> *Warrant Officer | adjudante*
> *Executive Assistant to the Command Chief Warrant Officer*
> *Canadian Joint Operations Command (CJOC) Canadian Armed Forces*

A key part of her leadership involves building and strengthening partnerships with stakeholders, researchers, policymakers, and individuals with lived experience. Through collaboration and co-creation, Dr. Liu champions innovations in how research is conducted, how questions are asked, and how findings are shared back with communities. By involving diverse voices and perspectives early and often in the research process, By meaningfully engaging diverse voices early and often, she ensures the Centre's work remains relevant, respectful, and responsive to those it aims to serve.

Beyond the research, Dr. Liu is a mentor, a connector, and a passionate advocate for equity and inclusion. She supports the next generation of researchers while fostering a culture of curiosity, continuous learning, and diverse perspectives. Her leadership has helped the Centre grow stronger, more inclusive, and more connected to the community.

Leadership Spotlight

Global Recognition and Partnerships

The Centre has gained national and international recognition through strategic collaborations, including:

Government & Policy:

- Veterans Affairs Canada (VAC)
- Department of National Defence (DND) and Defence Research and Development Canada (DRDC)
- Public Health Agency of Canada (PHAC)

International Organizations:

- The North Atlantic Treaty Organization (NATO)
- Phoenix Australia – Centre for Posttraumatic Mental Health
- Combat Stress UK

Clinical & Research:

- The Canadian Institute for Military and Veteran Health Research (CIMVHR)
- Atlas Institute for Veterans and Families
- Canadian Pain Centre of Excellence (CPCoE)

Community Veteran Organizations:

- True Patriot Love
- War Amps
- Invictus

2024: By the Numbers

$928,931 in new research funding

13 new grants/ contracts awarded

16 published peer-reviewed journal articles

19 external collaborators engaged

30+ presentations at national and international conferences

With major presentations and research collaborations in Canada, the US, Europe, and Australia

> *"The research team at the MacDonald Franklin OSI Research Centre consistently delivers reports on time and demonstrates a high level of responsiveness when additional information is required. The team reliably provides all expected outputs from funded research projects with exceptional attention to detail. Their contributions are instrumental in advancing the CPCoE's vision of enhancing the wellbeing of Canadian Veterans living with chronic pain."*
>
> *-Douglas Rust, CPCOE*

Research Highlights & Key Innovations

Amplifying the Voices of Veterans through Research

The INSPIRE Project and its related initiatives have been at the forefront of ensuring that Veterans' lived experiences shape our research. Through this project, we work closely with Veterans to identify key challenges, develop tailored interventions, and ultimately improve support systems.



Making Veterans feel seen and heard:
Our research prioritizes the voices of those who have served, capturing their unique experiences and challenges to inform meaningful policy changes.

Highlighting common challenges and stories of resilience:
Veterans often face significant hurdles in transitioning to civilian life. By documenting their narratives, we aim to foster greater awareness and enhance support networks.

Integrating Veterans as advisory members:
Veteran engagement is central to our work. Veterans actively contribute to the design of research studies, interpretation of findings, and collaboration with community agencies to ensure real-world applicability.

Expanding impact through community partnerships:
We work with Veteran-focused organizations and agencies to ensure research findings translate into better services, targeted interventions, and enhanced mental health care accessibility for those who need it most.

> *"Having the opportunity to participate in the MacDonald Franklin OSI Research Centre's Veteran-centric, collaborative research approach throughout the project lifecycle has been an incredible lived experience. Seeing a single project grow and evolve into a suite of innovative research brings a new meaning to INSPIRE."*
>
> *-Jenine Bodner*
> *Senior Ops Advisor,*
> *Research Directorate,*
> *Veterans Affairs Canada*

> *"The MacDonald Franklin OSI Research Centre is providing leadership in conducting systematic reviews, meta-analyses, and consensus-building research in military-related mental health issues. I have been collaborating with the centre for over five years and have been impressed by the breadth of expertise in standard-setting research output and knowledge mobilization. I anticipate that the centre will continue to grow and impact mental health care in the military and occupational stress context, and I look forward to continuing our collaboration on these important projects."*
>
> *– Amer Burhan, Physician-in-Chief,*
> *Ontario Shores Centre for Mental Health Science*

Setting the Standard for PTSD Treatment

The MacDonald Franklin OSI Research Centre is **driving advancements in PTSD treatment** by conducting landmark meta-analyses, living systematic reviews, examination of clinical practice patterns, and expert consensus-building studies that influence global best practices. Our research not only refines treatment approaches but also ensures that military, Veteran, and frontline worker populations receive evidence-based, tailored care to meet their evolving

Influencing international treatment guidelines:
Our research directly contributes to updates in PTSD treatment protocols across military and civilian healthcare systems, ensuring therapies remain relevant and effective.

Setting the global research agenda:
Through collaborations with NATO, CIMVHR, and Phoenix Australia, our work informs research priorities on PTSD treatment efficacy and accessibility.

Bridging clinical expertise with frontline experience:
Our multi-disciplinary research team includes Veterans, clinicians, and researchers who collaborate to ensure PTSD treatments are both scientifically validated and practically applicable.

> *"The work of the MacDonald Franklin OSI Research Centre is strongly clinically informed and highly relevant to researchers and clinicians who are taking on the challenges of understanding and treating OSIs."*
>
> *— Dr. Murray Enns,*
> *Staff Psychiatrist,*
> *Winnipeg Operational Stress Injury Clinic*

Expanding treatment pathways: We explore emerging therapies, including ketamine treatment, virtual reality exposure therapy, and novel pharmacological interventions, to diversify options for PTSD recovery.

Re-Imagined what it means to Support Workplaces

The workplace is evolving, and with it, the understanding of occupational stress, burnout, and mental health support. Our research is redefining how organizations, especially those operating in high-stress environments, can **foster resilience, psychological safety, and overall wellbeing among their workforce.**

This year, our work has been published in the **Bulletin of the World Health Organization.** In addition, one of our **articles on psychological safety at work was recognized among the top 10 most-cited publications** in the *International Journal of Selection and Assessment.* These accomplishments underscore our research's global relevance and influence in shaping healthier, safer, and more supportive workplaces.

Some of our work in this area includes:

Developing Evidence-Based Workplace Resilience Frameworks:
Through partnerships with Phoenix Australia and OSI Clinics across Canada, we have co-developed workplace mental health models designed to support individuals working in demanding fields. These frameworks address key areas such as psychological safety, leadership engagement, and peer support networks.

Strengthening Leadership Training for Workplace Mental Health:
We are actively working on designing and implementing leadership training programs that equip workplace leaders with the knowledge and skills to promote psychological resilience within their teams.

Adapting Research into Actionable Strategies:
Our frameworks have been successfully implemented in major healthcare organizations in Ontario, with plans to expand across Canada. These efforts demonstrate the importance of translating research into real-world applications that benefit employees at all levels.

Establishing Thought Leadership in Occupational Mental Health:
Our work has been featured in the WHO Bulletin, positioning our research centre as a global leader in the development of strategies to mitigate burnout, moral injury, and occupational stress injuries.



> ***"Working at the MacDonald Franklin OSI Research and Innovation Centre has been such a rewarding experience. I've had the chance to dive deep into research on moral injury, trauma, and the mental health of Veterans and Healthcare Workers, which has really broadened my perspectives. The mentorship i've received and diverse projects i've engaged with have not only enhanced my skill set but also helped me grow into a more confident researcher."***
>
> ***-Michelle Birch***
> ***Research Assistant, MFOSIRC***

Breaking New Ground in Understanding Moral Injury

At the MacDonald Franklin OSI Research Centre, **we are leading the charge in understanding and addressing moral injury** through the first Canadian-led study on moral injury in child soldiers and military personnel. By examining the psychological and social implications of moral transgressions across different military populations, we aim to develop tailored interventions that promote healing and resilience.

> ***"Participating in the Delphi study on Moral Injury provided more insight into this psychological injury and how it can contribute to PTSD and other mental health issues."***
>
> ***-Abdul Mullick***
> ***CAF Veteran – Atlas Institute for Veterans and Families.***

Uncovering the core themes of moral injury in military personnel and Veterans, highlighting the internal conflicts faced in decision-making, the weight of perceived ethical violations, and the emotional burdens carried long after service.

Examining the moral wounds of child soldiers, offering a unique perspective on how exposure to conflict and forced participation in morally compromising situations impact long-term mental health.

Innovative Treatments and the Chronic Pain/Mental Health Research Agenda

Chronic pain and mental health disorders are deeply interconnected, particularly among Veterans and frontline personnel who experience operational stress injuries. At the MacDonald Franklin OSI Research Centre, our work is at the cutting edge of examining novel treatments, **exploring alternative therapies, and refining best practices** to improve the quality of life for those affected.

Investigating Ketamine Therapy:

Our research has systematically examined the effectiveness of ketamine treatment for PTSD, depression, and chronic pain among military and Veteran populations. Through rigorous studies, we provide clinical insights on the optimal application of ketamine as an intervention, ensuring safety and efficacy for those in need of alternative treatment pathways.

Understanding Chronic Pain & PTSD:

Our team has conducted groundbreaking research that highlights the bidirectional relationship between chronic pain and PTSD, revealing shared neurological pathways and psychological impacts that require integrated treatment approaches.

Translating Research into Clinical Applications:

By working closely with clinicians, Veterans, and research institutions, we ensure that our findings do not remain in academic journals but are directly applied in clinical settings, policy recommendations, and patient care strategies.

Collaborating to Improve Standards of Care:

Through partnerships with organizations like the Chronic Pain Centre of Excellence (CPCoE), we help develop national best practices that inform chronic pain management strategies tailored to the unique needs of Veterans and military personnel.

> *"The CPCoE has been pleased to support the researchers at the MacDonald Franklin OSI Research Centre to conduct important studies on ketamine as an effective treatment for managing pain and mental health conditions – and the comorbidities associated with chronic pain among Canadian Veterans. Their team always demonstrates a strong commitment to knowledge mobilization, collaborating with us to maximize the dissemination of their findings through lay summaries, infographics, and other accessible formats. It is clear they engage patients (e.g., Veterans) throughout their research processes and foster connections with policymakers to ensure their studies are relevant, impactful, and easily translatable into practice and policy."*
>
> *– Kayla May*



> *"Through our collaboration with the MacDonald Franklin OSI Research Centre, we took meaningful steps toward improving outcomes for Veterans facing chronic pain. By combining their research expertise with our hands-on clinical experience, we believe a lasting relationship was born to improve the life of those living with chronic pain.*
>
> *Collaborating with the MacDonald Franklin OSI Research Centre allowed us to critically look at our process of delivering ketamine to Veterans and to help streamline the first Canadian-focused task group aimed at standardizing care delivered through ketamine infusions.*
>
> *Partnering with the MacDonald Franklin OSI Research Centre reinforced our commitment to high-quality, compassionate care. This relationship not only enhanced our treatment strategies but also expanded our research network, ensuring a stronger, more united front in supporting Veterans.*
>
> *The partnership between the MacDonald Franklin OSI Research Centre and the Changepain Clinic strives to bring high-level research findings by translating compassionate pain care in the community."*
>
> *– Emmanuel Abreu,*
> *MSc., MD., Researcher & IT-EMR at Changepain Clinic, Vancouver, BCW*

People and Journeys: Dr. Bethany Easterbrook's Path to Clinical Practice



Dr. Bethany Easterbrook's journey with the MacDonald Franklin OSI Research Centre reflects a story of growth, purpose, and deep connection. What began as a student role during her PhD evolved into a formative experience—shaping her professional identity and preparing her for a future in clinical research and care.

Bethany first joined the Centre under the co-supervision of Associate Scientific Director Dr. Anthony Nazarov. Over time, she became an integral part of the team—contributing as a Visiting Scholar and collaborating on a number of key projects. Her commitment to research that makes a real-world impact, combined with her collaborative spirit, made her a valued voice in the Centre's work.

During her time at the Centre, Bethany helped lead initiatives focused on improving mental health outcomes for military personnel, Veterans, and historically underserved communities. Working alongside interdisciplinary teams, she developed expertise in applied research, trauma-informed practices, and inclusive methodologies—gaining both technical skills and a deeper understanding of the people behind the data.

A cornerstone of Bethany's experience has been the Centre's commitment to including those with lived experience in every step of the research process. Through this work, she saw firsthand the power of engaging diverse voices to shape research questions, inform study design, and ensure findings are shared in ways that support real-world change.

Reflecting on her time at the Centre, Bethany remarked, *"Everyone is collegial and collaborative, making this an excellent learning environment for trainees of all backgrounds. The Centre has been instrumental in my growth as a clinician-scientist, due to the ability to conduct research with military members and Veterans. The network I developed within military research is directly due to the work I've been privileged to conduct here."*

Bethany now enters the next phase of her career as a Psychologist in supervised practice at the St. Joseph's OSI Clinic. Her path reflects the Centre's commitment to fostering talent, creating learning opportunities, and supporting the next generation of clinician-scientists—leaders who carry forward a shared vision for compassionate, evidence-based care.

> ***"In my time working with the centre, first as a visiting scholar when starting my PhD, and now transitioning into a Psychologist role, I have been grateful to be involved in numerous projects where Veteran wellbeing is at the forefront. It has become clear how the research conducted here prioritizes the voices of those with lived experience, and outcomes are meant to be tangible in order to see and create change within this space. The research I have been fortunate to be involved in has been important in the development of new guidelines, and will have a tangible impact on Veteran care and wellbeing."***
>
> ***-Bethany Easterbrook***
> ***Former Visiting Scholar, Psychology Resident at the Centre for Addiction and Mental Health, and Incoming Psychologist (supervised practice) at the St. Joseph's OSI Clinic in London***



People & Journeys

Looking Ahead: 2025 and Beyond

As we look to the future, the MacDonald Franklin OSI Research Centre remains committed to expanding its research agenda and deepening its impact on mental health and occupational stress research. The evolving needs of Veterans, military personnel, first responders, and other high-stress professionals call for a dynamic and proactive research strategy that not only generates knowledge but translates findings into meaningful clinical and policy advancements.

1. **Expanding Occupational Stress Research in High-Risk Professions.** While our foundation is rooted in military and Veteran mental health, our work has demonstrated the widespread prevalence of operational stress injuries across various high-risk professions. Building on our success, we aim to further explore occupational wellbeing in healthcare workers, first responders, and frontline service providers to create tailored interventions that address burnout, PTSD, and resilience-building strategies.

2. **Strengthening International Policy Influence.** Our research has gained global recognition, informing policies presented at NATO, Phoenix Australia, and Veterans Affairs Canada. Moving forward, we will continue expanding these partnerships to advocate for evidence-based policy changes that enhance PTSD treatment protocols, workplace mental health strategies, and trauma recovery programs worldwide.

3. **Advancing Research into Innovative and Cross-Cutting Treatments.** The intersection between moral injury, chronic pain, depression, and PTSD are growing areas of concern that requires targeted research and clinical innovation. Our goal is to establish best-practice frameworks for treating these frequently co-occurring conditions, ensuring that those affected receive integrated and effective care. We will continue to investigate innovative treatment protocols, trauma-informed interventions, and novel therapeutic approaches that bridge the gap between physical and mental health recovery.

4. **Expanding Leadership Training and Organizational Wellbeing Initiatives.** Recognizing the role of leadership in workplace mental health, we will develop evidence-based leadership training programs aimed at enhancing resilience, reducing burnout, and fostering psychologically safe work environments in high-stress professions. These initiatives will provide organizations with practical tools to promote system-wide mental health transformations.

By aligning our research agenda with these strategic goals, we aim to drive meaningful change for those affected by operational stress injuries and occupational trauma.

Looking Ahead

Our Team

Leadership

J Don Richardson, MD, FRCPC
Director

Anthony Nazarov, PhD, PMP
Associate Director

Kylie Dempster, PhD
Head, Operations

Natalie Ein, PhD
Head, Research and Implementation

Jenny Liu, PhD
Head, Scientific Development and Knowledge Mobilization

Staff & Postdoctoral Associates

Clara Baker, *Research Assistant*

Michelle Birch, *Research Assistant*

Erin Collins, *Postdoctoral Associate*

Madalena Costa, *Research Assistant*

Callista Forchuk, *MSc, Research Assistant*

Dominic Gargala, *Research Data Analyst*

Julia Gervasio, *MA, PhD Candidate, Research Assistant*

Stephanie Houle, *PhD, Research Associate*

Ilyana Kocha, *Research Assistant*

Tri Le, *Research Assistant*

Xavier Loffree, *Research Data Analyst*

Vanessa Soares, *MD, Research Assistant*

Kate St. Cyr, *MSc, PhD, Research Associate*

William (Liam) Younger, *Research Assistant*

Affiliated Scientists

Bethany Easterbrook, *MSc, PhD, CPsych*

Rachel Plouffe, *MSc, PhD*

Maya Roth, *PhD, CPsych*

Sonya Wanklyn, *PhD, CPsych*

Visiting Scholars

Jieun Jung, *MSc Student*

Evgenia (Jane) Milman, *PhD*

Alexa Van Rassel, *MSc Student*

Pouria Saffaran, *MA Student*

Cassandra Skrotzki, *PhD Candidate*

Trainees, Undergraduate Students, & Volunteers

Rishika Bhogadi

Evelyn MacDonald

Samia Maurin

Jacky Li

Maya Henderson

Sarah Smith

Advisory Council Members

Catherine Baillie Abidi, PhD

Rod Balsom, PhD

Colette Currin, CCAC

Mark Daley, PhD

Marco Di Cola

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LCol (Retd) Stéphane Grenier

LCol (Retd) Alexandra Heber, MD, FRCPC, CCPE

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Col (Retd) Rakesh Jetly, MD, FRCPC

Lisa King, MSc

Laryssa Lamrock

Polliann Maher

Candice M. Monson, PhD

David Pedlar, PhD

Shawn Rhind, PhD

Maya Roth, PhD, CPsych

LCol Andrea Tuka, CD, MD, FRCPC

Sonya Wanklyn, PhD, CPsych

See our website for full bios of team members

Our Team

Acknowledgements

A heartfelt thank you to Kyle MacDonald, John Franklin, and St. Joseph's Healthcare Foundation for their steadfast support and belief in our vision. Their contributions have played a pivotal role in developing and expanding our capacity to drive meaningful impact in mental health and occupational stress research.

In addition, **our work would not be possible without the generous contributions of our funders, research participants, and collaborators.** Their support fuels the research that changes lives, enabling us to push the boundaries of mental health science and develop groundbreaking solutions for those affected by operational stress injuries.

Our Funders & Partners for 2024

We sincerely thank our funding agencies, institutional partners, and donors who have supported our mission. Their commitment to advancing research in PTSD, chronic pain, and occupational stress injuries has allowed us to make significant strides in knowledge translation and clinical application.

Academic Medical Organization of Southwestern Ontario

Atlas Institute for Veterans and Families

CAMH

Chronic Pain Centre of Excellence for Canadian Veterans

Department of National Defence - Mobilizing Insights in Defence and Security

Department of National Defence - Sexual Misconduct Response Centre

Mental Health Research Canada

Public Health Agency of Canada

Royal Ottawa Hospital

True Patriot Love

Veterans Affairs Canada

War Amps

Western University

Veterans & Research Participants

We extend our deepest gratitude to the Veterans, military personnel, first responders, and healthcare workers who have shared their experiences, participated in our studies, and contributed their voices to shape the future of mental health research. Your courage, resilience, and willingness to collaborate with us have been instrumental in advancing our collective understanding of trauma, recovery, and wellbeing.



Acknowledgements

Notes:

Together, we are making a difference—turning research into action and hope into healing.

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